

# Dr Leon M Steenkamp

Counselling, Mediation, Consultations, Seminars, Public presentations

B A, B Th, Lic Theol, M Th Clinical Pastorate (Univ. Stellenbosch),  
Honns Counselling and Clinical Psychology (UNISA),  
Ph D Pastoral Therapy (Univ. Free State),  
Cert. Financial Planning (Milpark Business School),  
Dip. Mediation (Oxford College, London).

**LAPICASTRA (Pty) Ltd** 2017/429580/07

**LMS LIFE COUNSELLING CC** CK 2005/070917/23

Registered with the Professional Board for Psychology of the HPCSA

- Practice number: 031 4498

Licensed with the FSB (Financial Services Board) as a Financial Services Provider

- License number: 42437

Accredited with SEDRA (South Eastern Dispute Resolution Association) as Mediator

## Counselling Rooms:

1087 Port au Prince | Dis-Chem Wellness Centre  
Marina Martinique | c/o Cape Road & 2<sup>nd</sup> Ave  
Jeffreys Bay | Newton Park  
Port Elizabeth

☎ 042-292-0642

☎ 082-722-1313

☎ 086-512-0127

✉ leonspreekkamer@telkomsa.net

📍 4332, Aston Bay, 6332

WEB: [www.lmslife.co.za](http://www.lmslife.co.za)

## CLINICAL PASTORAL THERAPY: GENERAL INFORMATION (2018 & 2019)

**FOUNDATION:** The therapy of this practice is based on the christian religion, with sound ethical values and integrity, within the scope of the Professional Board for Psychology of the HPCSA (Health Professions Council of South Africa) and in compliance with relevant legislation such as the Constitution of the Republic of South Africa (Act 108 of 1996), the Health Professions Act (Act 56 of 1974), the Medical Schemes Act (Act 131 of 1998), the Mental Health Care Act (Act 17 of 2002) and the Protection of Personal Information Act (Act 4 of 2013).

**CONFIDENTIALITY:** In compliance with general ethical practice and legal provisions, complete confidentiality is guaranteed and maintained. Any information revealed during therapy will not be provided to another party without the client's/clients' explicit consent with stipulated permission as to what information will be conveyed to whom. The only exception might be in extraordinary cases because of inevitable legal and/or ethical obligations.

**RELATIONSHIP:** Relationship/-s in therapy are characterised by mutual respect, trust, understanding, warmth, empathy, acceptance, honesty, involvement and active listening.

**COOPERATION:** All parties involved in the therapeutic process enter into an agreement of cooperation, interdependence, mutual trust and credibility, as well as to adhere to therapy session times as agreed and to be financially accountable. In terms of Section 7 of the Consumer Protection Act (Act 68 of 2008), a tariff can be applied to appointments that are booked and not attended or not cancelled at least 24 hours before the time of appointment.

**COST:** On the back of this page is an exposition of the cost structure. PLEASE TAKE NOTE that Dr Steenkamp only provides his professional services and that all accounts and enquiries regarding thereto are handled by his practice manager, Frans Engelbrecht: tel. 087-550-3237/ 082-614-5263; e-mail: leonadmin@telkomsa.net. As this practice is primarily run on a pre-payment basis, payments must please be made in cash or by electronic transfer and proof of payment - with identifiable reference - sent to leonadmin@telkomsa.net and / or leonspreekkamer@telkomsa.net. Banking details for payments: Dr Leon Steenkamp (Lapicastro (Pty) Ltd), First National Bank, Current account, Number 62726064588, Branch code 261050, Newton Park, Port Elizabeth. The practice manager will send the proof that payment has been received with the detailed account to the client, which he/she can then submit to the relevant medical scheme, based on this counselling service's accredited practice number - allocated by the PCNS (practice code numbering system), a division of BHF (Board of Healthcare Funders of Southern Africa). Unpaid amounts after 30 days will be charged with interest of 2,5% per month. Paid for by their employer, certain employees can also receive counselling through Dr Steenkamp's affiliation with Careways, Discovery HealthTouch, ER24, Healthi Choices, ICAS, Incon, Kaelo, Metropolitan Wellness, Proactive Health Solutions, Rand Mutual Assurance, Right to Care Health Services, Universal, and Workforce Healthcare.

**TERMINATION:** The cooperation agreement, mutually entered into during therapy, determines the number of sessions and/or (temporary) termination. Because each person commits voluntarily to be part of the therapeutic process, no client will be forced in any way.

**[HIERDIE ALGEMENE INLIGTING IS OOK IN AFRIKAANS BESKIKBAAR]**

## **COST STRUCTURE 2018 & 2019** (Dr Leon M Steenkamp / Lapicestra (Pty) Ltd / LMS LIFE COUNSELLING)

### **A. COUNSELLING ROOMS** (Port Elizabeth / Jeffrey's Bay / Skype)

1. **Clinical pastoral therapy** @ R480 per session of up to 45 minutes  
+ Administration fee @ R180 for first appointment.
2. **Group therapy** @ R84 per person per session of up to 45 minutes,  
with a minimum of R480 per session – proportionally divided between the members of the group  
+ Administration fee @ R180 per person for first appointment.
3. **Written reports** @ R640 per page.
4. **Reading** of and reaction to reports, documents, e-mails, text messages, etc. @ R55 per page/feedback.
5. **Telephonic** consultations/feedback @ R55 per unit of 5 minutes.
6. **MBTI® Personality types** @ R640 per evaluation and explanation.

### **B. HOSPITAL / HOME VISITS**

Same tariffs as **A**

+ Travelling costs @ AA-tariff of R5,50 per km + R320 per hour travelling time.

### **C. MEDIATION (court-aligned)**

R960 per session of up to 45 minutes

+ Administration fee @ R180 per person for first appointment

+ Reading of and reaction to reports, documents, e-mails, text messages, etc. @ R55 per page/feedback

+ Travelling costs @ AA-tariff of R5,50 per km + R320 per hour travelling time

+ Written reports @ R640 per page.

### **D. PUBLIC PRESENTATIONS**

#### **1. Private Sector:**

Discussions and Preparation @ R640 per hour

+ Presentation @ R1 280 per hour

+ Travelling costs @ AA-tariff of R5,50 per km + R320 per hour travelling time.

#### **2. Churches, schools, community organisations, etc.:**

Only Donation + Travelling costs @ AA-tariff of R5,50 per km + R320 per hour travelling time.

#### **3. Weddings** (Preparation included):

Conducting @ R1 920

+ Travelling costs @ AA-tariff of R5,50 per km + R320 per hour travelling time

+ Registration at Department of Home Affairs @ R640.

### **E. CORPORATE CONSULTATION**

Discussions and Preparation @ R640 per hour

+ Presentation @ R320 per person per hour, with a minimum of R1 280 per hour

+ Travelling costs @ AA-tariff of R5,50 per km + R320 per hour travelling time

+ Written reports @ R640 per page.

### **F. OUT OF TOWN** more than one day

Same tariffs as all the above, with a minimum of R5 120 per day.

## **LMS LIFE COUNSELLING**

**L**ewenskwaliteit

**M**otivering

**S**ukses

**L**eierskap

**I**nter-persoonlik

**F**inansieel

**E**mosioneel

&

**L**ife Quality

**M**ediation

**S**uccess

**L**eadership

**I**nter-personal

**F**inancial

**E**motional