

# Dr Leon M Steenkamp

Counselling (Clinical Pastoral), Mediation (Dispute Resolution), Public presentations

B A, B Th, Lis Teol, M Th Kliniese Pastoraat (Univ. Stellenbosch),  
Honns Counselling & Clinical Psychology (UNISA),  
Ph D Pastorale Terapie (Univ. Vrystaat),  
Cert. Financial Planning (Milpark Business School),  
Dipl. Mediation (Oxford College, London).

## Counselling Rooms / Spreekkamers

- ✧ Eastern Cape: Jeffreys Bay; Port Elizabeth
- ✧ Western Cape: Montagu
- ✧ Virtual: Zoom, WhatsApp Video, Telephonic

**LMS LIFE COUNSELLING CC** CK 2005/070917/23

Registered with the Professional Board for Psychology of the HPCSA

(Health Professions Council of South Africa) - Practice number: 0314498

Accredited with SEDRA (South Eastern Dispute Resolution Association)

Licensed with the FSCA (Financial Sector Conduct Authority) as a Financial Services Provider  
- License number: 42437

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[www.lmslife.co.za](http://www.lmslife.co.za)

## CLINICAL PASTORAL THERAPY: GENERAL INFORMATION (2024)

**FOUNDATION:** The therapy/counselling of this practice is based on the christian religion, with sound ethical values and integrity, within the scope of the Professional Board for Psychology of the HPCSA (Health Professions Council of South Africa) and in compliance with relevant legislation such as the Constitution of the Republic of South Africa (Act 108 of 1996), the Health Professions Act (Act 56 of 1974), the Medical Schemes Act (Act 131 of 1998), the Mental Health Care Act (Act 17 of 2002) and the Protection of Personal Information Act (Act 4 of 2013).

**CONFIDENTIALITY:** Based on the document: *Consent for storage and limited sharing of information* and in compliance with general ethical practice and legal provisions, complete confidentiality is guaranteed and maintained. Any information revealed during counselling will not be provided to another party without the client's/clients' explicit consent with stipulated permission as to what information will be conveyed to whom. The only exception might be in extraordinary cases because of inevitable legal and/or ethical obligations.

**RELATIONSHIP & COOPERATION:** All persons involved in the counselling process of this practice agree to relationship/-s characterised by mutual respect, trust, understanding, warmth, empathy, active listening, acceptance, honesty, involvement, constructive cooperation and interdependence. This agreement also entails to adhere to scheduled appointment times and to be financially accountable. In terms of Section 7 of the Consumer Protection Act (Act 68 of 2008), a tariff can be applied to appointments that are booked and not attended or not cancelled at least 24 hours before the time of appointment.

**COST:** On the back of this page is an exposition of the cost structure of this practice. PLEASE TAKE NOTE that Dr Steenkamp only provides his professional services and that all accounts and enquiries regarding thereto are handled by his practice manager at Medcomp: Judith Beukes, tel 041 011 0040; email: judith@jsst.co.za. Proof of payment - with identifiable reference - must please be sent to Medcomp: judith@jsst.co.za and/or to Leon@rubysteenkamp.co.za. Banking details: Dr Leon Steenkamp, First National Bank (FNB), Current account, Number 62346456016, Branch code: 210515, Jeffreys Bay.

The practice manager is willing to submit claims to the relevant medical schemes or will send the proof that payment has been received with the detailed account to the client, which he/she can then submit to his/her medical scheme - based on this counselling service's accredited practice number, allocated by the PCNS (practice code numbering system), a division of BHF (Board of Healthcare Funders of Southern Africa).

Unpaid amounts after 30 days will be charged with interest of 2,5% per month.

**EMPLOYEE WELLNESS:** Paid for by their employer, certain employees can also receive counselling through Dr Steenkamp's affiliation with Company Wellness Solutions, Discovery Healthy Company, ER24 TraumaSupport, Healthi Choices, ICAS, Incon, Kaelo Lifestyle, Kula Partners, Life Assist, Life Health Solutions, Metropolitan Wellness, Proactive Health Solutions, Rand Mutual Assurance, Right to Care Health Services, Universal Care, and Workforce Healthcare.

**TERMINATION:** The cooperation agreement, mutually entered into during therapy, determines the number of sessions and/or (temporary) termination. Because each person commits voluntarily to be part of the counselling process, no client will be forced in any way.

*[HIERDIE ALGEMENE INLIGTING IS OOK IN AFRIKAANS BESKIKBAAR]*

## **COST STRUCTURE 2024** (*Dr Leon M Steenkamp / LMS LIFE COUNSELLING*)

### **A. COUNSELLING ROOMS: Jeffreys Bay / Port Elizabeth / Montagu / Virtual** (WhatsApp Video, Zoom, Teams, Telephone)

1. **Clinical pastoral therapy** @ R606 per session (scheduled for 45 minutes, and  $\pm$  10 minutes for processing)  
+ Administration fee once-off @ R254.
2. **Group therapy** @ R121 per person per session (scheduled for 45 minutes, and  $\pm$  10 minutes for processing),  
with a minimum of R606 per session – proportionally divided between the members of the group  
+ Administration fee once-off @ R254 per person.
3. **Written reports** @ R808 per page.
4. **Reading** of and reaction to reports, documents, e-mails, text messages, etc. @ R68 per page/feedback.
5. **Telephonic** discussions/feedback @ R68 per unit of 5 minutes.
6. **MBTI® Personality types** @ R808 per evaluation and explanation.

### **B. HOSPITAL / HOME VISITS**

Same tariffs as A

+ Travelling costs @ AA-tariff of R6 per km + R404 per hour travelling time.

### **C. MEDIATION**

R1 212 per session (scheduled for 45 minutes, and  $\pm$  10 minutes for processing)

+ Administration fee once-off @ R254 per person

+ Reading of and reaction to reports, documents, e-mails, text messages, etc. @ R68 per page/feedback

+ Travelling costs @ AA-tariff of R6 per km + R404 per hour travelling time

+ Written reports @ R808 per page.

### **D. PUBLIC PRESENTATIONS**

#### **1. Private Sector:**

Discussions and Preparation @ R808 per hour

+ Presentation @ R1 616 per hour

+ Travelling costs @ AA-tariff of R6 per km + R404 per hour travelling time.

#### **2. Churches, schools, community organisations, etc.:**

Only Donation + Travelling costs @ AA-tariff of R6 per km + R404 per hour travelling time.

#### **3. Weddings:**

Preparation & Ceremony @ R2 424

+ Travelling costs @ AA-tariff of R6 per km + R404 per hour travelling time

+ Registration at Department of Home Affairs @ R808.

### **E. CORPORATE CONSULTATION**

Discussions and Preparation @ R808 per hour

+ Presentation @ R404 per person per hour, with a minimum of R1 616 per hour

+ Travelling costs @ AA-tariff of R6 per km + R404 per hour travelling time

+ Written reports @ R808 per page.

### **F. OUT OF TOWN** more than one day

Same tariffs as all the above, with a minimum of R6 464 per extra day.

## **LMS LIFE COUNSELLING**

**L**ewenskwaliteit

**M**otivering &

**S**ukses

**L**eierskap

**I**nter-persoonlik

**F**inansieel

**E**mosioneel

**L**ife Quality

**M**ediation

**S**uccess

**L**eadership

**I**nter-personal

**F**inancial

**E**motional